

ASeTTS and Relationships Australia WA are working together to help humanitarian entrant families build stronger relationships which enhance the lives of individuals, families and communities.

Strength to Strength is supported by the Government of Australia through the Department of Family and Community Services.

For information about Strength to Strength
contact ASeTTS
Tel: 9227 2700
Email: strengthtostrength@asetts.org.au



ASeTTS
Assisting Torture
and Trauma Survivors

ASeTTS
Tel: 9227 2700
www.asetts.org.au

Relationships Australia

Relationships Australia WA
Tel: 1300 364 277
www.relationships.com.au

Client, community and stakeholder feedback about this program is welcome.

Strength to Strength

A family relationships program
for humanitarian entrant families



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Relationships Australia

Strength to Strength

ASeTTS and Relationships Australia WA are working together to help humanitarian entrant families build stronger relationships which enhance the lives of individuals, families and communities.

Strength to Strength provides counselling, information, referral and advocacy to families, couples and individuals (adults and children).

- Information, referral and advocacy support to families
- counselling assistance with trauma for those experiencing family relationship issues such as cross generational issues, raising children in a new setting, marital difficulties or changing gender roles in a new cultural setting
- relationship education
- parenting groups
- community development
- mediation for family members in a culturally appropriate manner

Strength to Strength also provides opportunities to participate in multicultural groups for men, women and families in the settlement period. Group work can assist families and individuals to share and solve problems and improve communication. Groups also improve the community's capacity to deal with common areas of conflict experienced by people who have recently arrived in Australia.



Who can access the service?

The program is available to humanitarian entrants who have recently arrived in Australia and who live north of the river. Depending on client demand, we can also see families who have been here for some time or who live south of the river.

How do families access the service?

External referrals

This brochure is available on our website. Our website address is www.asetts.org.au

For referral, please contact the ASeTTS duty officer on 9227 2700, Monday to Friday, 1-5pm. The Project Coordinator, will then respond to your referral.

Our counsellors and facilitators

Our services and groups are facilitated by qualified professionals, including bi-cultural workers. We also use accredited interpreters where necessary. Qualifications include Social Work, Psychology and Community Development.

What does Strength to Strength hope to achieve?

Our aim is to increase understanding of family relationships in cross-cultural settings – including gender issues, parenting, grief, loss and anger management – thereby nurturing healthy relationships, a reduction in family violence and increased participation by refugee families in Australian community life.

Who is ASeTTS?

ASeTTS is a non profit, non government organization that provides counselling advocacy, support, group and community activities to torture and trauma survivors from a refugee background. Our services are free and confidential. We use bi-cultural workers and accredited interpreters where necessary.

Who is Relationships Australia?

Relationships Australia is a recognised provider of quality services in counselling, mediation, education and training. We are a community-based, not-for-profit organisation, supporting families, couples and individuals of all ages. Our services have evolved in response to community needs, research and the depth of experience and commitment of our professional staff.